



# The Skier

Newsletter of the Winston-Salem Ski and Outing Club

July 2009

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## July Club Meeting Thursday, July 16th, 7:00pm Garden Park Apartments Clubhouse

Dick and Clem Peterson will be sharing stories and photos from their recent bike trip through Missouri on the Katy Trail. They spent their days biking between lodging areas, with support provided throughout the trip as needed. You can check out the route on [www.bikekatytrail.com](http://www.bikekatytrail.com). Dick will also share information about the Cycle North Carolina rides that are available.

Garden Park Apartments is on Old Vineyard Road, off Country Club Road near the intersection of Jonestown Road. We hope you can join us!

## Caudill Cabin Day Hike Saturday, July 11th, 8:45am

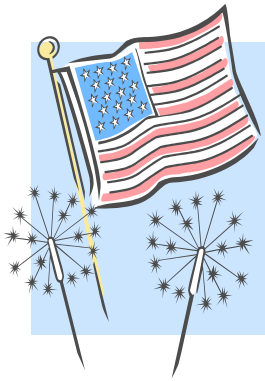
Caudill Cabin is a destination hike in Doughton Park. It is a wooded hike along a stream. We will start the hike off Grassy Gap Fire Rd which is near Stone Mountain. The hike is 3.3 miles uphill to the Cabin, 3.3 miles back down. There are repeated stream crossings, so be prepared. Bring extra socks!



For those who are interested, we will stop by a local winery/cidery after the hike. Check out their website: [www.mcritchiewine.com](http://www.mcritchiewine.com).

We will meet at the Lewisville Square on the west side (the side towards 421) at 8:45am. Bring, water, lunch, rain gear and extra socks.

Contact Tree Bright @ [brightillfarm@yahoo.com](mailto:brightillfarm@yahoo.com) with questions.



## President's Point:

Happy Independence Day! I hope everyone will safely enjoy the 4th of July holiday. Being on a Saturday this year, there's no excuse not to get out and about! Whether you're at the beach, in the mountains, lounging around the pool, or simply relaxing with family and friends, take a moment to appreciate the freedoms we enjoy and the folks who continue to make that a reality.

Check out the calendar for July and August. We have a wide variety of events going on all over the area, including hiking, picnics, and bike rides. And, as I often tell people interested in W-SSOC, plenty of opportunities to socialize! We rarely have an outing that doesn't involve food at some point.

If you are headed downtown for the weekly music events or want to take in a ballgame, feel free to let me know. We can include additional events through our constant contact emails. Contact me at [president@wssoc.org](mailto:president@wssoc.org) for more details.

-Sam



## Dan Nicholas Park Saturday, July 18th, 3:00pm

Members are invited to spend the afternoon with W-SSOC at Dan Nicholas Park near Salisbury. There are activities for all ages! The park features a train for kids to ride, a splash park, petting zoo, small aquarium, gem mine, mini golf course, nature center, and a carousel. This is in addition to the walking trails, playgrounds, picnic areas, and paddleboats on the lake.

We will meet at the CVS plaza near the ATM machine at Hickory Tree rd, exit 100 of US 52 in Davidson county at 3:00 pm. If you can't meet there and would like to come, you can meet at the park at picnic table F. We will be grilling out for dinner, so please bring a side dish to share with everyone. The club will provide burgers and all the fixins'. Check out the park website at [www.dannicholas.net](http://www.dannicholas.net) to get all of the details.

For more info contact Mike Shipko at [mike@wssoc.org](mailto:mike@wssoc.org)

# CALENDAR

## July

Date	Day	Time	Event	Meeting Place	Leader
1	Wed	7:00pm	Board Meeting	Beef O'Brady's, Robinhood Rd.	Sam Pearce
11	Sat	8:45am	Hike to Caudill Cabin	West side of Lewisville Square	Tree Bright
16	Thurs	7:00pm	Club Meeting	Garden Park Apts. Clubhouse	Sam Pearce
18	Sat	3:00pm	Picnic at Dan Nicholas Park	CVS plaza, Hickory Tree Rd, Exit 100 off US 52	Mike Shipko
23	Thurs	6:30pm	Roller Skating	Skatehaven, 120 Hood Dr. off Country Club Rd.	Sam Pearce
28	Tues	6:00pm	Salem Lake ride	Upper gravel lot	Leanne Marshall
31	Fri	6:00pm	Last Friday Social	Celtic Café, Marshall Street	Marc Pearce

## August

Date	Day	Time	Event	Meeting Place	Leader
1	Sat		Trip to Kerr Scott Lake	The Oaks, Lewisville	John Davis
5	Wed	7:00pm	Board Meeting	Beef O'Brady's, Robinhood Rd.	Sam Pearce
8	Sat	TBA	Music Under the Stars	Lewisville Square	Janet Orlando
11	Tues	6:00pm	Tanglewood ride	Tanglewood campground	Leanne Marshall
20	Thurs	7:00pm	Club Meeting	Ken's Bike Shop, 2750 Reynolda Rd.	Sam Pearce
22	Sat	10:00am	Lost Cove Hike	The Oaks, Lewisville	Mike Shipko
28	Fri	6:00pm	Last Friday Social	Mi Pueblo, Stratford Road	Marc Pearce



## Upcoming Events



### **Roller Skating at Skatehaven Thursday, July 23, 6:30pm**

With the summer heat upon us, let's take the fun indoors! Come out to Skatehaven at 120 Hood Dr. off Country Club Rd. (behind Paceline Bikes) on Thursday, July 23rd. Let the wind blow through your hair as you relive your younger years. Can anyone still skate backward? Is the Hokie Pokie still part of the fun?

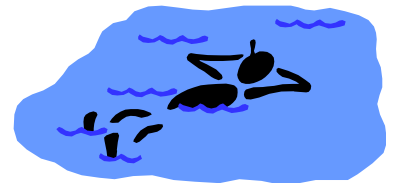
Admission is \$4, with regular skate rentals \$2 (if you prefer inline skates, those are \$3). This is an open skating session, so we'll be sharing the rink with lots of other folks, but all the better to hone those fancy avoidance maneuvers!

Meet Sam Pearce outside the building by 6:30pm. Hope to see everyone there!

## Local Bike Rides

- Tuesday, July 28<sup>th</sup> for a Salem Lake ride. Meet at the upper gravel lot by 6pm ready to ride. Make sure to have plenty of water.
- Tuesday, August 11<sup>th</sup> to hit the Tanglewood Singlettrack. Meet at first row of the campground by 6pm ready to ride.
- Again, if you're looking for weekly rides at a variety of local places, be sure to sign up for our constant contact emails. Board member John Davis will likely be riding each week at Tanglewood Park, Salem Lake, or Hobby Park. Simply go to [www.wssoc.org](http://www.wssoc.org) and sign up for the email lists. Don't miss your chance to ride!

## **A Day at the Lake W. Scott Kerr Lake/Berry Mountain Park Saturday, August 1st**



Looking for an opportunity to spend a day at the lake? Join John Davis at Kerr Scott Lake near Wilkesboro for a fun-filled day of relaxing, swimming, and boating. If you own a boat, you may want to talk with John about launch sites and access availability.

Watch for more details coming soon on the website or through constant contact messages!

## Upcoming Events



### Music Under the Stars in Lewisville Saturday, August 8

Grab your lawnchair and head out to Shallowford Square in Lewisville. The “Music Under the Stars” concert series will welcome one of Nashville’s newest recording artists, Tammie Davis, to Shallowford Square on Saturday, Aug. 8 at 7 p.m. Davis, whose musical ambitions began after becoming lead singer with the U.S. Marine Corps Band, the USMC Generals. Next stop was Nashville, where she met and recorded her debut release “Always and Forever Yours” with producer Tim Sidden. Today her music can be heard on radio stations in the U.S., Ireland, Germany and Australia.

Janet Orlando will be organizing the details of this outing . . . Stay tuned for additional information coming soon!

### Lost Cove Hike and Gragg Prong Swimming Hole Saturday, August 22, 10:00am

A long-time favorite of Ken Lumsden’s, this year’s outing will be led by Mike Shipko on Saturday, August 22nd. If you are unfamiliar with this trip, it’s worth your time! The Lost Cove area is in the shadow of Grandfather Mountain in Avery County. The hiking is moderate with some river crossings and can be hot this time of year. But the reward at the end is a refreshing dip in the Gragg Prong swimming hole.

This spot has multiple natural baths. Some are almost perfectly round where the incoming waterfall has carved out a pool deeper than your head. Then an exiting waterfall leads to the next pool. The large open rock area provides sun from early morning until late afternoon. It gives more than enough room to hang out. Someone on the trip will need to take Ken’s role with the snorkel and mask, as well as taking lots of pictures!

Mike will be meeting at The Oaks in Lewisville at 10:00am.

Contact him at [outings@wssoc.org](mailto:outings@wssoc.org) for more details. There will also be additional info on the website and in the August newsletter.



## Sign Up Now for W-SSOC Park City'10!

We're returning at a prime time of the ski season to W-SSOC's most-requested destination! We'll stay at the Park Avenue Condos, located about 4 blocks (easy shuttle bus ride) from the main lift base at Park City. Trip cost is LESS than our Steamboat'09 and Snowmass'08 trips!

### \$1,213 pp includes

- Round Trip Air on Delta from GSO
- Ground transfers
- 7 nights lodging, double occupancy, with 6 people per condo in 3BR/2.5B condos\*
- 5 lift tickets: 2-Park City, 2-Deer Valley, 1-Canyons
- W-SSOC Parties and Administration

\*We are working on plans for a possible combined trip with our friends from the Cape Fear Ski & Outing Club. If it works out, 2BR/2.5B condos may also be available after July 1 at additional cost. Watch for details.

### Options

LAND ONLY--\$843 (\$1,213 minus \$370 for no air = \$843). No refunds for failure to use the included ground transfer.

Day trip at extra cost on 6th day or as alternative to one of the five days, t.b.d. (Likely to Alta/Snowbird).

### Air Itinerary

#### Saturday, Feb. 6, 2010.

Flight #DL1519 Depart GSO 7:20 AM; Arrive ATL 8:48 AM

Flight #DL 236 Depart ATL 10:50 AM; Arrive SLC 12:45 PM

#### Saturday, Feb. 13, 2010.

Flight # DL1146 Depart SLC 11:30 AM; Arrive ATL 5:10 PM

Flight # DLI494 Depart ATL 7:35 PM; Arrive GSO 8:50 PM

### Payment Schedule

- 1st \$313 due at sign-up
- 2nd \$300 due July 16, 2009
- 3rd \$300 due August 20, 2009
- 4th \$300 due October 15, 2009



### Payments + Trip Application

Bring your check made payable to "W-SSOC Park City'10" and your signed Trip Application to any club meeting, or mail to W-SSOC Park City'10, P.O. Box 24304, Winston-Salem, NC 27114-4304.

For Terms and Conditions, and Cancellation policy, contact Leanne Marshall [leanne@wssoc.org](mailto:leanne@wssoc.org) or Ken Lumsden [ken@wssoc.org](mailto:ken@wssoc.org).

## Lumsden's to Miss Bike & Hike and Dayhike to Gragg Prong Swimming Holes

You may have heard and, yes, it's true: Pat and I will miss our beloved "Bike & Hike" weekend and "Dayhike to the Gragg Prong Swimming Hole," among other great W-SSOC activities in Summer 2009. Beginning tomorrow (5.23.2009) when we will fly to Denver, Pat and I will spend through Labor Day in Leadville, Colorado working for W-SSOC Member, Steve Smith's company, EverGreen Land Company, and the associated newly-formed Colorado Metropolitan District, AltaColorado. We expect to return to W-S soon after Labor Day. I am the recreation director for AltaColorado even though we don't yet have residents and home construction is delayed due to the economy. We will spend this summer getting the AltaColorado Adventure Club started, including making connections with the existing network of recreational guides and services. The AdventureClub (spelled with no space and capital "C", same as "AltaColorado") will not function as a guide service or vendor. We'll operate much like W-SSOC: organizing and coordinating mountain bike rides, hikes, trips to national parks, etc. and relying on existing guides and services when expertise is required. We will operate a web site (<http://www.altacolorado.com>) to communicate with the public and the members of the AdventureClub. All of you can become members, if you want to! Membership is free of charge (our operational/administrative costs are paid by our sponsor, EverGreen Land Company!). Soon (!!), our full-fledged web site will be available at <http://www.altacolorado.com>. We invite each and every one of you to come see us in Leadville. There is an incredible wealth of things to do and we would love to share it with you: "Life at 10,000 Feet," as EverGreen's slogan says, it at its finest! Already, W-SSOC's Leanne Marshall and Mike Brendle are planning to visit over the July 4th holiday. We will (temporarily, we hope??) be living in the upstairs apartment of EverGreen Land Company's office in Leadville: 1601 Poplar St. (US Hwy 24) in Leadville, CO 80461—where we have plenty of carpeted floor space! We're just a block and a half walk south of the Safeway and about 10 blocks from the historic downtown Leadville. The phone number at the office is 719-486-4018. You can continue to reach me at [joonone@ix.netcom.com](mailto:joonone@ix.netcom.com), [ken@wssoc.org](mailto:ken@wssoc.org), and, now, [ken@altacolorado.com](mailto:ken@altacolorado.com). You can reach Pat at [ptlumsden@earthlink.net](mailto:ptlumsden@earthlink.net) or by way of my email addresses. Our current cell phone numbers will also still work. We wish you a great summer, we'll miss you all, and we hope to see you when we're back in Winston-Salem, IF NOT IN LEADVILLE!

Love to all our great friends in W-SSOC, Ken & Pat Lumsden



### SUBARU VIP PROGRAM FOR LEASE OR PURCHASE OPEN TO W-SSOC MEMBERS

Subaru is a proud sponsor of the Crescent Ski Council (CSC) Racing program and includes the VIP Discount Program for all CSC members (you don't need to be a member of your club's racing team to participate). Qualifying members of a CSC club can purchase or lease a new Subaru at 2% below dealer cost and receive credit for any incentives which are currently being offered. To qualify, you must have been a member of the Winston-Salem Ski & Outing Club (or other Authorized club of CSC) for at least six (6) months.

If interested, please notify Ken Lumsden (W-SSOC Racing Team Director) at [ken@wssoc.org](mailto:ken@wssoc.org) of your desire to participate and provide your contact information (full name, phone number, mailing address, email address) and the name of the Subaru dealership from which you will make your purchase. Ken will forward your contact information and Subaru will mail the VIP information to you. Upon receipt of the VIP packet, you can go to the selected dealer to pick out the Subaru that you want. The dealer will pull the invoice and let the purchaser know if there are any current incentives. Please take advantage of this wonderful benefit the Crescent Racing has secured for all CSC clubs.



The Winston-Salem Ski & Outing Club  
PO Box 24304  
Winston-Salem, NC.  
27114-4304

[www.wssoc.org](http://www.wssoc.org)

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**WHO TO CONTACT**

**BOARD of DIRECTORS**

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VP PR/Meetings	Marc Pearce	David@wssoc.org
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Board Members	Lynn Furner	
	John Davis	
	Mark Stewart	
	Ken Lumsden	

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Crescent Representatives	Ken Lumsden	Ken@wssoc.org
	Karen Vohs	Karen@wssoc.org

[www.WSSOC.org](http://www.WSSOC.org)

**Change of Address Info**

Submit changes of address to Leanne Marshall (Membership@wssoc.org) or mail them to the address below. That way you keep your monthly Skier coming and won't miss a thing!

**Suggestions, Ideas & Comments**

Please feel free to send an email to any of the Board members or send by mail to:  
WSSOC  
PO Box 24304  
Winston-Salem, NC 27114-4303

**Editor's Note**

The WSSOC policy is to provide factual articles concerning upcoming and past outings of interest to the general membership. Due to the time necessary to publish the newsletter, it is requested that all copies be typed, neatly printed, and/or emailed (skier@wssoc.org) by the 15th of each month for publication in the next months issue. Articles WILL NOT be accepted after the 15th. The editor(s) reserve the right to refuse, edit or cut submissions as necessary to ensure quality.

**WSSOC Bylaws**

Copies of the Bylaws of the Winston-Salem Ski and Outing Club are available to members by contacting the Membership VP.